

SCHOOL
OF
DOC

VOL.2

DOCJOHNSON®

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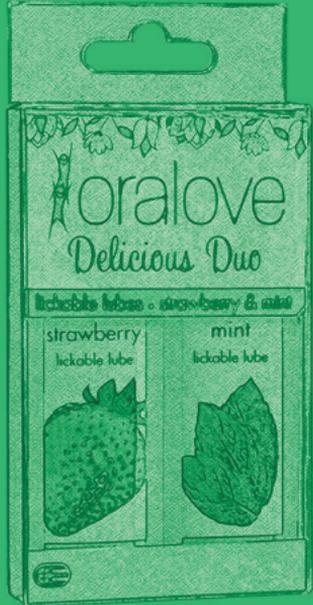
SCHOOL OF DOC
VOLUME: 2 DOC JOHNSON™

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The largest pleasure products manufacturer in the USA. Since 1976, Doc Johnson has consistently produced the finest, most innovative products in the marketplace with new and longtime favorites for men, women and couples.



ORAL SEX GUESS THE



Almost everyone enjoys receiving oral pleasure from a dedicated partner! This collection of sexy tips and tricks gives you the power to become an oral sexpert and learn new ways of enjoying yourself as both the giver and receiver.

oralove **FOR HER**

ASSUME THE POSITION

The wrong angle can quickly become uncomfortable while performing oral, which is bad news for your stamina and her orgasm. To keep everyone happy, try kneeling or crouching on the floor between her legs while she lies back with her hips at the edge of the bed.

TAKE IT SLOW

To warm her up and build anticipation, kiss and caress her inner thighs and let her feel your breath before touching her clitoris or inner lips. When you're both ready, gently open her labia with your fingers or tongue and begin licking her, using long, firm strokes with a flat tongue like you would lick an ice cream cone. As she relaxes, you can also explore specific areas like the clitoris and vagina with the tip of your tongue.

COMMUNICATION IS KEY

Pay attention to your partner's responses and adjust your speed, depth, and pressure accordingly. You can also ask her if she likes what you're doing, and if there's anything she wants you to add or increase... just don't stop for too long! Communicating during sex builds intimacy and makes it easy to introduce toys and fun flavored products like GoodHead Oral Delight Gel.

OH G!

Many women love penetration during oral, and hitting the G-spot heightens her satisfaction—she might even squirt! With your hand palm-up, insert one or two fingers and rub the G-spot (an area inside the vagina that usually has a spongy or rippled texture) in a “come hither” motion, or tease her with a vibrator specially designed for the G-spot like the Mood G Powerful.

GIVE GOOD VIBES

Slip the GoodHead™ Vibrating Tongue Ring over your tongue to give her the best of both worlds-- a warm tongue lapping her up and steady vibrations stimulating her clitoris.



GET COMFORTABLE

Jokes aside, going down can be hard on the knees. Make sure you're on a pillow or thick carpet, or just have your man lie down on the bed.

GET HANDS-ON

Apply some CANDiLAND™ Sensuals Glide in your favorite flavor to the GoodHead™ Helping Head ULTRASKYN® Masturbator and stroke it up and down his shaft while you pleasure him with your mouth. To really blow his mind, keep your mouth close to your hand and vary your grip and speed.

DEEP THROAT

When you want to taste every inch of him, deep throating is the way to go. If you have a strong gag reflex, calm it with some GoodHead™ Deep Throat Spray. Tilt your chin up to position your mouth and throat in a straight line to take him all in.

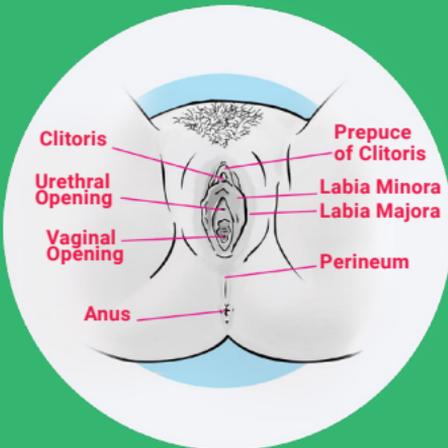
BE ANATOMICALLY CORRECT

Linger on the parts of his anatomy that are particularly sensitive: the tip of his penis, his testicles and his perineum, the secret hot spot between the testicles and the anus.

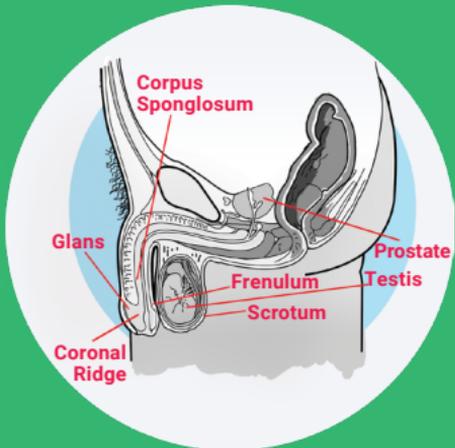
GIVE IT YOUR ALL

Use different parts of your body in your blow job session; lips, hands, tongue, face, mouth, nipples, and breasts are all fair game! This provides new sensations and amazing visuals for him and will enhance your pleasure too!

WOMEN'S ANATOMY



MEN'S ANATOMY





Anal play can be an intensely erotic experience for everyone, spanning all genders and orientations. Here are some of Doc's favorite tips for enjoyable backdoor action!

BEFORE YOU PLAY:

PROPER GROOMING: Anal play doesn't have to be messy, but it does require some prep work! For a deep clean before you get started, use one of our Kink by Doc Johnson Douche Sets. Have a shower, get freshened up, and lie out a towel on your bed. You may also want to keep some cleansing wipes within reach.

TAKE IT SLOW: Don't rush penetration! Start by gently massaging the outside of the anus with a small amount of lube to relax the muscles. This area can also be teased with a small vibrating bullet like the Mood Intense Bullet.

REMEMBER TO LUBRICATE: Consider a silicone-based or hybrid lubricant for anal penetration by a partner. These lubes are thicker and longer-lasting than water-based formulas, and will make penetration easier and more pleasurable. Silicone toys aren't compatible with silicone lubes, so if they're a part of your play use an extra-thick water-based formula like Sasha Grey Love Spit.

MAINTAIN CONTROL: A good position for beginners is to relax on all fours with your partner kneeling in place behind you; this lets you lean back onto the penis or strap-on, controlling the pressure, speed, and penetration depth. Apply lots of lube or Relax™ Anal Relaxer before you start.

Anal sex can feel uncomfortable or strange at first, which will usually subside as your body adjusts, but if you experience severe pain, stop or slow down until you feel comfortable. It's always okay to tell your partner you need to pause, avoid, or conclude any sexual activity for any reason, and they must listen to you when you do.

MORE TIPS

PLUG IN: Butt plugs provide a filling sensation that many people find arousing, and can prepare you for anal sex with a penis or larger toys. Butt plugs should always have wide bases or handles for safe use, as it's possible for toys to be lost inside the body during butt play. Avoid the embarrassing ER visit and choose wisely! A classic plug like the American POP! Mode Plug or an anal training kit - a set of multiple plugs in different sizes for working your way up - is another great option.

Doc's Favorites:

- *MOOD NAUGHTY 1*
- *AMERICAN POP! LAUNCH!
SILICONE ANAL TRAINER SET*
- *PLATINUM™ PREMIUM SILICONE MINIS SPADE*

PLEASE THE PROSTATE: People with prostates can find anal stimulation highly pleasurable; this organ is actually considered another type of G-spot, and can be mastered through exploration in the same way. Here are some tips for beginning prostate play:

- The prostate swells with arousal, so start by lightly stimulating the penis, testicles, and other erogenous zones.

- Elevate the legs and gently massage the anal entrance, following the steps at the beginning of this section.
- Locate the prostate, a small chestnut-sized bump approximately two inches inside.
- Gently massage the prostate with fingers or a toy designed for p-spot stimulation.

As well as being a source of pleasure, prostate massage has proven health benefits including a decreased risk of prostate and testicular cancers. Make it a part of your sexual health regimen with an ergonomically designed prostate massager.

Doc's Favorites:

- *PLATINUM™ PREMIUM SILICONE THE P-WAND*
- *OPTIMALE™ DUO C-RING AND P-MASSAGER*
- *OPTIMALE™ VIBRATING P-MASSAGER*

STRING THEM ALONG: Anal beads are available in a variety of materials and sizes, and anal enthusiasts enjoy the unique popping and stretching sensations of this toy being inserted and removed during sex and foreplay.

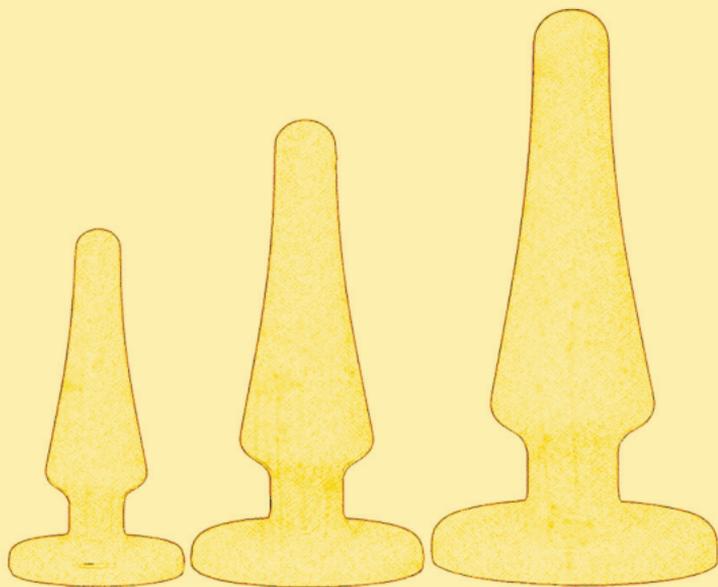
Doc's Favorites:

- *SPECTRAGELS ANAL BEADS*
- *KINK BY DOC JOHNSON SOLID ANAL BALLS (ADVANCED PLAYERS ONLY)*

Finish the Job: Oral sex performed in the anal area, commonly called a rimjob, rimming or anilingus, is another form of butt play. To soothe nervousness and ensure a good experience, follow the hygiene tips in the “Before You Play” section and consider a lickable product to turn your lover’s body into a mouth-watering treat. Like other forms of oral sex, every person is different and will find different acts pleasurable, so be creative and take note of how they respond!

Doc’s Favorites:

*CANDILAND SENSUALS GLIDE, MOTION LOTION ELITE,
GOODHEAD ORAL DELIGHT GEL*



EDGE RING 101



Edging is a form of foreplay used in many different settings, and describes the practice of bringing yourself or a partner close to climax— or to the “edge”— but stopping before full orgasm is reached. In BDSM dynamics it can be a form of domination such as orgasm denial, while many people who experience premature orgasm or ejaculation edge as part of a sexual health regimen to build stamina. Activities similar to edging are also found in the Kama Sutra and in tantric practice.

If you’re edging with a partner, agree on how the receiving partner wants to be stimulated, how they will indicate that they’re close to coming, and which partner gets to choose when the receiver completes their orgasm. The receiving partner should also take slow deep breaths and focus on being in control of their body.

To make solo or partner edging as fun and pleasurable as possible, we recommend keeping your favorite lube, a bullet vibrator, flavored sex enhancers, and any other toy or product you might want to use close at hand.

Doc’s Favorites:

- *TitanMen Hydro Play Lube*
- *Doc Johnson® Candy Bullet*
- *GoodHead Oral Delight Gel*

EDGING WITH A PENIS

Focus on stimulating the shaft and base of the penis, avoiding too much contact with the sensitive head where the most nerve endings are located. When close to orgasm, stop stimulating or touching the penis and wait until you/your partner no longer feels like ejaculating to resume. For stimulation by hand, a lubricant with exceptional staying power like a silicone or hybrid formula will prevent chafing and other discomfort no matter how long you edge. If you're edging to build stamina or correct premature ejaculation, a lubricant or other product designed to prolong your erection may also help.

Doc's Favorites:

- *OptiMALE™ Hybrid Lubricant*
- *OptiMALE™ So Hard Delay Cream or Spray*

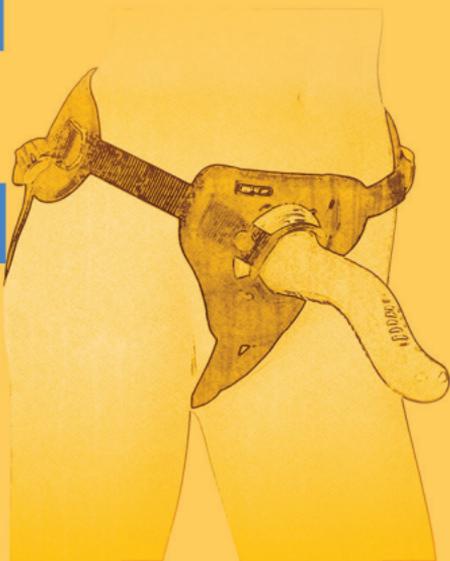
EDGING WITH A VAGINA AND CLITORIS

Edging with a vagina and clitoris can involve one or all of a few different kinds of stimulation. Start by massaging the inner and outer labia and the outside edges of the vaginal opening with a water-based lube until you/your partner becomes aroused before inserting fingers or small toys for further stimulation of the vagina and/or g-spot. Clitoral stimulation is frequently a part of edging and performed with the hands, with vibrators, and orally. If the receiving partner is very sensitive, do not touch the clitoris directly, instead stimulating the hood and area around it with fingers, tongue, or a clitoral vibrator.

Doc's Favorites:

- *Mood Water-Based Lubricant*
- *Original Pocket Rocket*

HAR NE SS PLAY



There are many reasons to introduce harness play into your sex life. For some couples, a strap-on is the means to enjoy sex in ways they may not be able to unassisted, and for others it can be a new experience for enhancing pleasure, building intimacy, and breaking out of a routine.

CHOOSING YOUR HARNESS

Choosing the right harness for you and your partner(s) depends on multiple unique factors and wearer preferences, such as comfort level, coverage, material, and long-term value.

Traditionally, harnesses have worked in one of two ways: a separate penetrative toy like a dildo is held in place with an assembly of O-rings and snaps, or the penetrative toy is simply attached to the harness with no option to change or remove it. These harnesses were often uncomfortable to wear and awkward to use as they weren't easily customized for their users to fully enjoy.



Doc Johnson® aimed to change this and address common strap-on issues through the Vac-U-Lock™ system, a user-friendly selection of harnesses and toys created for use with a patented plug base that introduced more stability and interchangeable parts to the world of harness play. Vac-U-Lock™ Harnesses are available in a variety of materials and styles, most of which are adjustable and feature padded and reinforced front panels for maximum durability and comfort. Choose from a variety of materials like leather, neoprene, and velvet in assorted colors and in strap-on or panty-style designs.

Doc's Favorites:

- *Vac-U-Lock™ Supreme Harness*
- *Vac-U-Lock™ Panty Harnesses*
- *Vac-U-Lock™ Leather Ultra Harness.*

VAGINAL STRAP-ON PLAY

Using a strap-on to have vaginal sex with a partner is usually done when the wearer does not have a penis, or is unable or prefers not to use their own penis this way. For this reason, many harnesses have open-crotch designs to allow easy access to the wearer's body for other kinds of sex and stimulation during play.

Wearers who have penises can also experiment with hollow strap-ons or harnesses with built-in presenter holes like the Leather Ultra Harness for Men, while wearers with vaginas can enjoy modifications like the Double Up Plug or Gal Pal to experience penetration at the same time as the receiving partner.

Doc's Favorites:

- *Vac-U-Lock™ Platinum Edition Complete Sets*
- *Vac-U-Lock™ Double Up Plug*
- *Gal Pal Strapless Strap-On*

ANAL AND DOUBLE PENETRATION STRAP-ON PLAY

For strap-on activities that include anal penetration, make sure you read the Anal 101 chapter of this guide and follow the advice given there for preparation, hygiene, safe backdoor play! As with all anal play, beginners should start with something small, smooth, and slim to get acclimated to the new sensations and responses the body experiences.

PEGGING

A popular term for the act of a woman using a strap-on attachment to have anal sex with a man, pegging is a recently trending topic and great way to stimulate the prostate (an organ considered by many to be the “male g-spot”). Our Vac-U-Lock™ Pegging Sets, available in multiple colors, include everything you need to begin exploring pegging and feature adjustable Vac-U-Lock™ Harnesses with three sizes of beginner-friendly silicone attachments.

DP WITH ATTACHMENTS

To simultaneously hit both of your partner's hot spots using only your strap-on, just equip your harness with the Vac-U-Lock™ Double Penetrator, a single attachment that includes a thick, textured vaginal dildo and a soft, slim anal dildo.

DP WITH PARTNER

To have double penetration sex with your partner using a harness and your own penis, attach a toy of her choice to any Vac-U-Lock™ harness with an open/accessible crotch design. The Leather Ultra Harness for Men is a great choice for this kind of play as it features a standard Vac-U-Lock™ plug in front, a built-in presenter hole that functions similar to a c-ring for stronger erections, and a removable Vac-U-Lock™ butt plug in the rear offering optional backdoor pleasure for you.

Doc's Favorites:

- *Vac-U-Lock™ Silicone Pegging Set*
- *Vac-U-Lock™ Supreme Harness*
- *Platinum™ Premium Silicone – 7 Inch Slim Dong Attachment or The Beau Attachment*



BEN GIN NER BD SM



WHAT IS BDSM?

BDSM is an umbrella term used to encompass a broad set of alternative erotic activities that take place among consenting adults, collectively known as kink. It is an acronym composed of several phrases: Bondage and Discipline, Dominance and Submission, and Sadism and Masochism.

THE LINGO

BONDAGE AND DISCIPLINE: In BDSM play, 'Bondage' refers to the physical restraint of a person, using various materials to restrict movement, whereas 'Discipline' suggests the use of rules or punishment to control or reward behavior.

DOMINANCE AND SUBMISSION: A power dynamic in which one person relinquishes control to a dominant party during erotic play, with both parties taking pleasure in their role.

DOMINANT/TOP: The person who takes the active or controlling role over that of the bottom or submissive partner when engaging in BDSM play.

SADISM AND MASOCHISM: The practice of using pain during erotic activities as a sexual stimulant. The sadist inflicts pain and asserts control over the masochist; both parties enjoy their role by definition.

SSC AND RACK:: Safe, Sane, and Consensual (SSC) and Risk Aware Consensual Kink (RACK) are slightly different sets of guiding principles recognized by most participants in the BDSM community. Under both sets of principles, parties are expected to be informed, respect limits and consent, and take the necessary precautions at all times.

SUBMISSIVE/BOTTOM: The person who takes the passive, receiving, or obedient role when engaging in BDSM play.

SCENE: An encounter that involves BDSM activities; a play session.

SWITCH: Someone who participates in BDSM activities sometimes as a Dominant/Top and other times as a Submissive/Bottom.

BEFORE YOU PLAY

#1: DO YOUR RESEARCH

All BDSM play requires some prep work, and to ensure all parties have a safe, fun, and consensual good time, you're going to need to do some background research before you begin. There are tons of great, free resources online for you and your partner to enjoy. Safety and consent are key concepts in the BDSM world, so spend some extra time on those topics.

#2: COMMUNICATE

Communicate extensively with your partner, before, during, and after engaging in any kind of BDSM play. Discuss your fantasies, set your limits as far as what you're comfortable doing ahead of time, and agree to stay within those limits during your play session. Often in formally collared D/s relationships, a contract between the dominant and submissive partners is created and signed, detailing everyone's wishes, needs, and limits. It's also good idea for the dominant to check in on the submissive party a few times throughout a session.

#3: PRIORITIZE SAFETY

Before engaging in any form of BDSM play, agree on a safe word. Be clear with your partner ahead of time that when you say your safe word, all activity will cease immediately. BDSM should be a fun and erotic part of your sex life—and it's essential that both parties are completely comfortable every step of the way! Additionally, be sure to establish a non-verbal signal or modified agreement to account for scenes in which anyone is restricted from speaking and/or moving.

For any scenes involving bondage or restraint, keep a pair of EMT scissors on hand to quickly and safely remove any bonds in an emergency.



SEXY BDSM MOVES TO GET STARTED

SHOW SOME RESTRAINT: To explore light BDSM submission without feeling too tied down, have your lover hold your wrists over your head, or cuff them together with Kink by Doc Johnson Leather Wrist Restraints and the ultra-versatile All Access Clips. These fully padded wrist cuffs are crafted in beautiful red and black leather and equipped with D-rings for infinite clipping and cuffing options.

Not into leather? Try The Cuffs in Platinum™ Premium Silicone. Suitable for the wrists and ankles, The Cuffs are molded in strong, stretchy silicone and have no metal components to irritate skin, making them an excellent choice for beginners or long-lasting play.

OUT OF SIGHT: When sight is obstructed, the body's other senses become heightened, including touch. Slip on a mask or blindfold, like the Kink Leather Blinding Mask, to experience heightened sensations, so that every teasing brush of the skin will feel deliciously orgasmic.

UNLOCK THE BACK DOOR: Enjoy kinky anal play via the tantalizing modes and patterns of a Kink by Doc Johnson Silicone Vibrating Butt Plug, or open up that back door with Explore, a firm yet flexible silicone butt plug with a hollow center perfect for inserting lubes, fingers, toys, and more.

IN A PINCH: Start by stimulating the nipples with an ice cube or pinching to find the right type and level of sensation, and then put on a set of Squeeze clover-style silicone-tipped nipple clips for a firm, stimulating clamp down, or Tweak Nipple Suckers for an engorged pumping effect.

GET WET: Wet and wild fun of all kinds is an indispensable part of the fetish scene, from wet and messy to nuru to watersports. Protect your bed and other furniture in luxurious style with our elegant Kink by Doc Johnson Waterproof Bedding, a line including fitted sheets, flat sheets, and pillow cases with watertight heat-sealed seams.

Doc's Favorites:

- *Platinum™ Premium Silicone The Cuffs*
- *Sasha Grey Love Spit Water-Based Lube*
- *Kink by Doc Johnson Bind & Tie Initiation 5-Piece Hemp Rope Kit*
- *Kink by Doc Johnson Wet Works collection*



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