

# Easy Lab<sup>™</sup> OTC Ovulation Test

A Rapid, One-Step At-Home Ovulation Prediction Test Stick for Qualitative Detection of Luteinizing Hormone (LH) in Urine

# **FEATURES & BENEFITS**

- FAST RESULTS In only 3 minutes
- SIMPLE TO USE Just 1 step, easy-to-follow instructions provided
- CONVENIENT Works any time of day
- ACCURATE, EASY TO READ RESULTS Over 99% accurate\*
- FOR IN VITRO DIAGNOSTIC USE Not to be taken internally



### **TESTING PROCESS**

Refer to the chart at the right to find out when to begin testing. Women with an irregular cycle should use their shortest cycle as a reference. The length of cycle is the number of days from the beginning of one period to the next period. If you have an irregular cycle, use your shortest cycle as a reference.

- 1. Open the sealed pouch, remove the Easy Lab<sup>™</sup> test stick, and remove the protective cap. Perform the test right away after opening the pouch.
- 2. Turn the test stick so that the reading window is facing away from you, with the absorbent tip down, and hold the absorbent tip in your urine stream for 10 seconds. The test will not work properly if too little urine is absorbed or if urine is spilled into the reading window.
- **3.** Replace the protective cap over the wet absorbent tip and leave the stick on a flat surface with the reading window facing up.
- 4. Read the result after 3 minutes. Do not read after 10 minutes. While you wait, you will see a pink color moving up the reading window. A pinkishpurple line will form in the Control (upper) window to tell you the test is working correctly.

#### ALTERNATE PROCEDURE:

- 1. Collect urine into a clean cup. Open the pouch and remove the test as above. Dip the absorbent tip of the stick at least halfway into the urine, for at least 10 seconds.
- 2. Replace the protective cap over the wet absorbent tip and leave the stick on a flat surface with the reading window facing upward.
- **3.** Read the result after 3 minutes. **Do not read after 10 minutes**.

Length of cycle	Begin testing these many days after your last period began
21	5
22	5
23	6
24	7
25	8
26	9
27	10
28	11
29	12
30	13
31	14
32	15
33	16
34	17
35	18
36	19
37	20
38	21
39	22
40	23

<sup>\*</sup> In laboratory studies

# **TESTING RESULTS**

Wait at least 3 minutes before reading your test.

#### Positive:

If two lines are visible and the one in the Test Window is the same as or darker than the one in the Control Window, you will probably ovulate in 24±48 hours..

#### Negative:

If the line in the Test Window is lighter than the line in the Control Window or there is no line in the Test Window, no LH surge has been detected.

#### Invalid:

If there is no line visible in the Control Window, the test did not work properly and should be repeated. A Control line will always appear if the test worked properly.



#### TEST RESULTS INTERPRETATION:

A positive test result means your urine contains a high level of LH, a hormone your body makes all of the time but which reaches very high levels just before ovulation. You can assume you will ovulate in 24±48 hours, and plan accordingly. The 1±3 days after your LH surge are the most fertile time of your cycle, when you have the best chance of conceiving. A negative result means that no LH surge has been detected, and you should continue with daily testing.

### LIMITS TO THE TEST

The Easy Lab<sup>™</sup> One-Step Home Ovulation Prediction Test is not reusable. The test instructions must be followed precisely. This test may not be used as a form of birth control. Test results should not be affected by pain relievers, antibiotics and other common drugs. Medications containing hCG or LH may affect the test and should not be taken while using the Easy Lab<sup>™</sup> One-Step Home Ovulation Prediction Test. In addition, the test will not work properly if you are pregnant, in menopause, or are taking birth control pills.

# **TEST KIT CONTENTS**

Five (5) Individually sealed test devices (test sticks) with a protective cap, visible test window and control window and Instructions of use.

# **AVAILABLE PRODUCT CONFIGURATION**

Product name	SKU#	MSRP
Easy Lab™ Ovulation test (5 tests box)	6003	\$19.00

To order visit: **www.verseadiagnostics.com** For more information contact: **1.800.397.0670**, **diagnostics@versea.com**